

2015 CAPA Lunch & Learn Event
二零一五华人石油协会午餐与学习活动

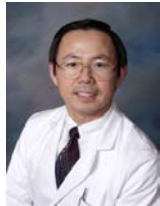
Event
活动内容

How to Stay Healthy & Career as a Doctor

Date
日期

Saturday, Nov. 21st, 2015 – 10:00 AM to Noon
星期六，2015年11月21日上午十点到十二点

Invited Speaker
嘉宾



Dr. Shengkun Yao (姚圣坤医生), MD
Internal Medicine (内科)
Allcare Medical Center (惠康医疗中心)



Dr. Zhuo Chen (陈卓医生), O.D., Ph.D.
FAAO, ABO Diplomate (眼科)
Lakewood Eye Care (美国爱视眼科)
Well Eye Care (唐城医疗中心)

Details
通告内容

Nothing is more important than your health. That's why CAPA invite two highly respected doctors to share their medical experience on how to stay healthy -
1) disease prevention, work life balance, and diabetes,
2) diabetic eye problems and light pollution.

After the talk, they kindly offer a Q&A session about their profession - steps to be a doctor, tips/pitfalls to be a doctor, especially as a minority in USA, etc..

So, bring your high school kids if they (or actually you) are looking for insights about medical careers.

Where
地点

The 12th Floor Conference Room
American First National Bank (恒丰银行大楼)
9999 Bellaire Blvd., Houston Texas 77036 USA

Cost
费用

\$5 each. Pre-Registration is highly recommended as the session will be filled up very quickly. Lunch (\$5) will be served. Walk-ins are allowed on a first-come, first-served basis if space is still available.

由于华人石油协会为大家准备午餐，请预先在网上登记。费用是每位五美元，如没登记者，位置无保证，先到先有。

RSVP
预约

Register and pay online at: <http://www.capaus.org>

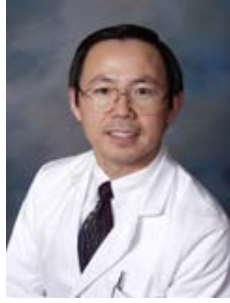
Registration Deadline: Wednesday Nov. 18th, 2015, 8:30 PM

Simply click the link above and follow the simple instructions. "No shows" will be billed and charged. 请预先在网上登记，截止日期是11月18日晚八点半。

Contact
联系人

For questions pls. contact: Dr. Hong Jin (Hong.Jin@chevron.com; 281-639-2662)
如有问题，请与金虹博士联系 (Hong.Jin@chevron.com; 281-639-2662)。

Biography of the Invited Speakers



Dr. Yao received his medical degree from Suzhou Medical College in Suzhou, Jiangsu, China and completed his residency in internal medicine at The University of Texas Health Science Center at Houston (UTHealth) Medical School.

Board certified in Internal Medicine, Dr. Yao maintains a strong interest in disease prevention and progression. He also provides counseling on diet and supervises the rehabilitation of his patients following injury or illness.

Dr. Yao views patient education and a healthy life style as essential to each patient's wellbeing.

Fluent in Chinese, Dr. Yao has practiced medicine in Houston for 15 years.

Married and the father of one, Dr. Yao enjoys jogging and playing tennis.



Dr. Chen is not only a Board Certified Optometrist but also a Ph.D.. She graduated from the University of Houston – College of Optometry in 2010 with a Doctorate of Optometry as honor. She is certified by the National Board of Examiners in Optometry (NBEO) and Diplomate of American Board of Optometry (ABO), and licensed by the Texas Optometry Board (TOA). She is also a Glaucoma Specialist certified in Therapeutic Optometry. Dr. Chen also graduated from the University of Alcalá de Henares in 2001 located in Spain with a Ph.D. in medicine. She worked as a post-doctoral research associate at Baylor College of Medicine after arriving from Spain. Prior to Spain she earned a Bachelor of Medicine from South Medical University in China.

While working the eye care and research field, Dr. Chen has had numerous publications and experience concerning the eye and vision care. She has also presented in vision science conferences and has been a reviewer in professional eye care journals multiple times. Dr. Chen is involved in several Optometry associated organizations and is a Fellow in the American Academy of Optometry. She has traveled to various countries to give speeches and can speak a variety of languages. Dr. Chen also appointments with several eye institutes in China as part time faculty.